

TEAM YOUGHAL PRESS RELEASE

Team Youghal recently presented a cheque for €5,400 to Brendan and Juliette Casey, representing The Emer Casey Foundation. The Team raised this money through their participation in The Race Around Ireland in September, 2010. Team Youghal consists of an eight man team of amateur cyclists backed up by a dedicated volunteer crew.

The Race Around Ireland is far and away the toughest cycling endurance test in Europe and is second only, to the race across America (RAAM) which Team Youghal are participating in this year also for the Emer Casey Foundation. RAAM is considered to be the toughest endurance race on the planet. Team Youghal completed the Race Around Ireland in eighty eight hours and eighteen minutes knocking over an hour off their previous time in 2009 of 90 hours and 6 minutes. Team Youghal covered a distance of 2,160.5 km or 1,350 miles with an average speed of 24.5 km/h. Team Youghal take on the ultimate challenge in June of this year when they line up for the 30th edition of the Race Across America in Oceanside, California on June 18th. The race distance is 3,005 miles and crosses the American continent, finishing in Anapolis, Maryland on the Atlantic Coast.

Ger Flanagan, Team Leader, said;" We are really looking forward to this enormous challenge as it will be a unique experience for both cyclists and crew and will be nothing like our previous challenge with the Race Around Ireland. Once again we are very proud to be supporting The Emer Casey Foundation as they do essential work in the area of ovarian and uterine cancer. This support not only is shown with the presentation of a cheque but also in the increased awareness of the Emer Casey Foundation that occurs purely because of our participation in these Ultra Marathon Cycling events."

The Emer Casey Foundation is dedicated to providing funding to the 'Disovary Consortium' to secure the best independent research to detect the early signs of Uterine/Ovarian cancer. Following the death of local Youghal girl, Emer Casey, in June 2006, the Casey family promised they would do all they could to help this research in the hope of securing a future of early detection.

Juliette Casey, Mother of the late Emer, said: "We are extremely thankful to Team Youghal for the huge effort, commitment and dedication that they have shown The Emer Casey Foundation over the last few years and the much needed funds, and awareness that they have raised. We know and appreciate that each member of the Team have made some big sacrifices in their involvement in The Race Around Ireland over the last two years and now also with the up and coming Race Across America. On behalf of the Casey Family, and the Foundation, I wish them every success in their endeavour."

If you wish to support Team Youghal's participation in the Race Across America just log on to their website, www.teamyoughal.com, where all contact information can be found. Team Youghal feels that RAAM could be an excellent opportunity for some company to promote their business, and raise their profile in America, while also supporting a very worthy cause.