

Cycling for the Local Charities

Team Youghal gear up for 1,350 mile Race Around Ireland.

Team Youghal will create history on Sept 11th when they will compete in the 1,350 mile Race Around Ireland Cycle Race for the third successive year. This year the team will be raising funds for two local charities, Youghal Hospice and Youghal Meals on Wheels.

Only ten weeks after completing the 3,005 mile Race Across America Team Youghal will compete in the toughest cycling endurance test in Europe covering a massive distance of 1,350 miles travelling through all four Irish Provinces with many steep climbs and sharp descents along the way.

What makes this such a fantastic challenge is the constant flow of the race which runs 24 hours a day from start to finish, with little or no let up and that overwhelming desire not only to complete the race, but to win it!

'Team Youghal's' winning time in the 2009 'Race Around Ireland' was clocked at 90 hours and 6 minutes and they improved this by almost two hours last year in very poor weather conditions.

The race route through Cork is incredible, entering the County in Glengarriff, heading on to Bantry, Goleen, Mizen Head, Skull, Ballydehob, Skibbreen, Leap, Rosscarbery, Clonakilty, Timoleague, Ballinspittle, Kinsale, Ballincollig, Kerry Pike, Blarney, Cork City (Including St Patrick's Hill) Glanmire, Carrigtwohill, Middleton, Castlemartyr, Killeagh and on to Youghal, before heading to Dungarvan and on the Mahon Falls.

To keep up to date with 'Team Youghal's' race progress plus daily reports log onto www.teamyoughal.com